

Cycle A	Russet	Pippin	Bramley	Discovery
Term 1	Self-Regulation My feelings	My Healthy Self How can we look after our feelings?	My Healthy Self How can I take care of my mind and body?	My Healthy Self How can I support my mind and body as I grow?
Term 2	Building Relationships Special relationships	Connecting with Others How can I help myself and others feel happy and safe?	Connecting with Others What helps us feel safe and included?	Connecting with Others Why are Healthy Relationships Important?
Term 3	Managing Self Taking on challenges	The Online World How do we spend time online?	The Online World How should we treat each other online?	The Online World How am I influenced by what I see online?
Term 4	Self-Regulation Listening and following instructions	Citizenship How can I help others and the environment?	Citizenship 1 What rights and responsibilities do we have?	Citizenship How can we make a difference in our communities and beyond?
Term 5	Building Relationships My family and friends	Year 1: Healthy Protection How can I protect myself and others in daily life? Year 2: Growing Up How can we look after and respect our bodies as we grow?	Year 3: Health Protection How can we prevent illness and injury and respond if they happen? Year 4: Growing Up How will my body and emotions change as I grow up?	Citizenship How can we be in control of our money?
Term 6	Managing Self My wellbeing	Staying Safe How do I know when something is safe?	Citizenship 2 What careers do people choose and why?	Growing up Y5: How can I manage the changes to my body and emotions as I grow up? Y6: First Aid/Sex Education
Cycle B	Russet	Pippin	Bramley	Discovery
Term 1	Self-Regulation My feelings	My Healthy Self How can we look after our bodies?	My Healthy Self How can I make healthy choices?	My Healthy Self How do my choices today shape my future wellbeing?
Term 2	Building Relationships Special relationships	Connective with Others How can I build a safe, kind and caring relationships with others?	Connecting with Others How can we respect each other?	Connecting with Others What does it mean to stand up for myself and others?

St. Margaret's Collier Street C.E. Primary School

'Learning as we grow. Growing as we learn. Rooted in Jesus'

RHE LEARNING PATHWAY adapted from Kapow

Term 3	Managing Self Taking on challenges	The Online World How are things shared online?	The Online World How can I evaluate what I see online?	The Online World How do I feel about being online?
Term 4	Self-Regulation Listening and following instructions	Citizenship How do people belong to a community and earn money?	Citizenship How can I spend my money wisely?	Citizenship How can we protect everyone's rights?
Term 5	Building Relationships My family and friends	Year 1: Healthy Protection How can I protect myself and others in daily life? Year 2: Growing up How can we look after and respect our bodies as we grow?	Year 3: Health Protection How can we prevent illness and injury and respond if they happen? Year 4: Growing Up How will my body and emotions change as I grow up?	Staying safe How can I stay safe as I grow up?
Term 6	Managing Self My wellbeing	Staying Safe How can I make safe choices in different places?	Staying Safe What signs help me recognize what is safe or unsafe?	Growing up Y5: How can I manage the changes to my body and emotions as I grow up? Y6: First Aid/Sex Education

Friendship

Fairness

Helpfulness

Respect